

Unique marathon

Marathons are synonymous with endurance. Bears? Not so much. This is just one of the ways the Powderface42 Trail Race is different from your average marathon. The race on Saturday at 7:30 a.m. will challenge runners to a new level of endurance, replacing the usual flat, paved roads, where runners can get into a trance-like rhythm and find their happy place, with rough trails and steep

climbs and descents.

The entire 42-K course is on single-track trails in the West Bragg Creek area and traverses the ridges and valleys along the Elbow River. The terrain will vary from smooth pine needle-covered trails to rocky, hard-packed dirt tracks, and will include several creek crossings.

There will also be a half-marathon at 10:30 a.m. Each race will start and finish at an elevation of 1,400 metres, rising to 2,000 metres at its highest point. Water stations will be six- to 12-K apart, so bring water and be prepared for running in wilderness.

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